

TESTIMONIALS

The people – instructors, staff and advisors – are what impressed me the most about Marylhurst's Art Therapy Counseling program. From each professor I learned valuable lessons about professionalism, ethics, humor, heart and most importantly, the uniqueness of each individual. I can't say enough about how the coursework, classroom interaction, clinical experience and never ending encouragement helped me find my area of expertise in the versatile and constantly evolving field of art therapy counseling. **CHRISSE ZIMMERMAN, MA 2005**



I love the sense of community at Marylhurst. My program was rich and rigorous, and my instructors were thorough and experienced. The peaceful, beautiful campus was exactly the kind of environment I was looking for. I've truly become a better person through my education here. **MELISSA CASTILLO, MA 2009**

Selecting a university thousands of miles away from home was a difficult decision. Fortunately, the Art Therapy Counseling program at Marylhurst was everything I had hoped it would be – a challenging academic experience that was comprehensive in its design and supported by instructors possessing a wide range of knowledge and skill. My internship was invaluable and upon completion the internship site hired me. I consider myself a well-trained specialist when I work alongside other mental health professionals. **BRIAN HORAY, MA 2004**



I chose the Art Therapy Counseling program at Marylhurst because it provides me with the practical skills I need to succeed, balanced with an outlet for creative expression. The program is academically challenging and personally rewarding; I am continually inspired by the creative energy and hard work of my classmates. I am grateful for the tools Marylhurst is equipping me with to explore career opportunities in art therapy. **BLAIR ALLEN, CURRENT STUDENT**

Receiving a Master's in Art Therapy Counseling from Marylhurst University gave me the skills needed to fulfill a personal mission of helping children cope with the difficulties of life. The professors, who are also skilled therapists, combine theory and experience in their excellent instruction. They recognized the wisdom of my older age and guided me to develop skills that apply life knowledge to clinical work. This guidance plus the tradition of academic excellence in the program prepared me for a rich, rewarding career in art therapy. **SARAH DUFFIELD, MA 2004**

POST-GRADUATE CERTIFICATES are for professionals who want additional training and hold a master's degree in a related field.

POST-GRADUATE CERTIFICATE IN ART THERAPY 62 CREDITS

Introduction to Art Therapy	3 crs.
The Helping Relationship: Counseling/Art Therapy Technique.....	4 crs.
Child Development, Psychopathology & Art Therapy/Counseling	4 crs.
Psychopathology	4 crs.
Clinical Assessment by Graphic Means.....	4 crs.
Clinical Practice: Counseling Skills in Art Therapy Practice.....	3 crs.
Adolescent & Young Adult Development, Psychopathology & Art Therapy/Counseling.....	4 crs.
Professional Orientation & Ethics: Pre-practicum Seminar	4 crs.
Cross-Cultural Counseling & Art Therapy	2 crs.
Group Dynamics, Processes, Counseling & Art Therapy.....	4 crs.
Professional & Clinical Practices in Art Therapy/Counseling	4 crs.
Adult Development, Psychopathology & Art Therapy/Counseling	4 crs.
Practicum Seminar 1,2,3.....	18 crs.
TOTAL	62 CREDITS

POST-GRADUATE CERTIFICATE IN COUNSELING 20 CREDITS

Theories of Counseling and Psychotherapy	3 crs.
Social & Cultural Foundations of Counseling.....	3 crs.
Appraisal of Individuals.....	4 crs.
Lifestyle & Career Development.....	3 crs.
Research Methods, Development & Evaluation	3 crs.
Professional Orientation & Ethics.....	4 crs.
TOTAL	20 CREDITS

Admission Requirements – contact the department for details

PREPARATION PROGRAMS FOR THE MASTER OF ART IN ART THERAPY COUNSELING

If you have yet to earn a bachelor's degree, you may enter one of Marylhurst's customized bachelor's degree programs – Art, Psychology or Interdisciplinary Studies – designed specifically as preparation for application to the MA in Art Therapy Counseling program. Contact the admissions office and undergraduate department for details.

If you have a bachelor's degree – *but do not meet the art and psychology requirements* – contact the admissions office and the undergraduate department for courses to fill these requirements. If you need transcript evaluation, contact the Art Therapy Counseling department.

BA IN ART 180 TOTAL CREDITS

103 credits as specified below

Art courses	80 crs.
Includes 9 credits in painting, drawing and sculpture	
Psychology courses.....	18 crs.
Including Personality Theory, Abnormal Psychology, Developmental Psychology and Counseling Strategies & Theories	
Art Therapy electives.....	5 crs.

BA IN PSYCHOLOGY 180 TOTAL CREDITS

93 credits as specified below

Art courses	27 crs.
Includes 9 credits in painting, drawing and sculpture	
Psychology courses.....	61 crs.
Including Personality Theory, Abnormal Psychology, Developmental Psychology and Counseling Strategies & Theories	
Art Therapy electives.....	5 crs.

BA IN INTERDISCIPLINARY STUDIES 180 TOTAL CREDITS

62 credits as specified below

Art courses	27 crs.
Includes 9 credits in painting, drawing and sculpture	
Psychology courses.....	18 crs.
Including Personality Theory, Abnormal Psychology, Developmental Psychology and Counseling Strategies & Theories	
Art Therapy electives.....	5 crs.
Additional required courses for major.....	12 crs.

Please contact the admissions office and the undergraduate department for details about Marylhurst's preparatory bachelor's degree programs.

Marylhurst University is a liberal arts university located 10 miles south of Portland between Lake Oswego and West Linn. Founded in 1893, Oregon's oldest Catholic university welcomes students of all faiths and backgrounds. A member of Servicemembers Opportunity Colleges (SOC) and affiliate of the Concurrent Admissions Program (ConAP), Marylhurst is accredited by the Northwest Association of Schools and Colleges.

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Master of Arts in Art Therapy Counseling

Post-Graduate Certificate in Art Therapy
Post-Graduate Certificate in Counseling





ART THERAPY COUNSELING HUMAN HEALING

Initially, art therapy was used with children and adults with severe mental illnesses. Today, it is an accepted therapeutic approach that is recognized as effective with a broad range of clients.

Learn about human health and recovery in Marylhurst's MA in Art Therapy Counseling program, where art experiences are integrated with most of your core classes. Combine your knowledge of visual arts and art processes with in-depth studies of psychotherapy and counseling. Use your creative work to understand theories of art therapy counseling, your clients and therapeutic relationships. While this artistic focus may differ from what you have done in the past, it will lead to the creation of authentic and aesthetically satisfying work.

Develop professional skills that prepare you for clinical work.

Learn from practicing therapists who are experienced teachers.

Gain extensive experience in therapeutic settings during your practicum.

Marylhurst's MA in Art Therapy Counseling was established in 1986 and is the only program of its kind in Oregon. It has been approved by the American Art Therapy Association since 1991.

YOUR EDUCATION OPTIONS

Marylhurst's Master of Arts in Art Therapy Counseling is for those who have a bachelor's degree and meet the art and psychology requirements. The degree leads to professional credentials in art therapy and in counseling.

Post-Graduate Certificates and Continuing Education are for professionals who want additional training.

The Certificate in Art Therapy is for individuals who have earned a master's degree or a doctorate in a related field, such as social work or psychology, and are seeking professional development through art therapy studies.

The Certificate in Counseling is for professional art therapists who need some of the courses required for licensure in Oregon and elsewhere as a Licensed Professional Counselor.

Continuing Education is available for counselors and teachers who seek re-certification, professionals who want to learn about expressive therapies and practicing art therapists who need additional training. The National Board for Certified Counselors recognizes Marylhurst's continuing education for counselors.

For complete information, please refer to the current catalog.

CAREER PATHS

With an MA in Art Therapy Counseling, you will be prepared to work with children and adults in a variety of settings, such as community mental health clinics, therapeutic schools, residential and day treatment programs, hospitals, correctional treatment settings and nursing homes.

MA IN ART THERAPY COUNSELING

90 CREDITS

- The program may be completed on a part-time basis, over a period longer than two years
- Optional part-time scheduling plans can be found in the university's catalog and on the Web site
- Credits are calculated on a quarter system
- A limited number of positions in the program become available each year

FIRST YEAR FALL

Theories of Counseling & Psychotherapy.....	3 crs.
Introduction to Art Therapy.....	3 crs.
The Helping Relationship: Counseling/Art Therapy Technique.....	4 crs.
Child Development, Psychopathology & Art Therapy/Counseling.....	4 crs.
Psychopathology.....	4 crs.

WINTER

Clinical Assessment by Graphic Means.....	4 crs.
Clinical Practice: Counseling Skills in Art Therapy Practice.....	3 crs.
Adolescent & Young Adult Development, Psychopathology & Art Therapy/Counseling.....	4 crs.
Cross-Cultural Counseling & Art Therapy.....	2 crs.
Professional Orientation & Ethics: Pre-practicum Seminar.....	4 crs.
<i>Pre-practicum seminar continues through spring term</i>	

SPRING

Group Dynamics, Processes, Counseling & Art Therapy.....	4 crs.
Professional & Clinical Practices in Art Therapy/Counseling.....	4 crs.
Social & Cultural Foundations of Counseling & Psychotherapy.....	3 crs.
Adult Development, Psychopathology & Art Therapy/Counseling.....	4 crs.
Appraisal of Individuals.....	4 crs.

SECOND YEAR FALL, WINTER AND SPRING

Practicum/Seminar 1,2,3.....	18 crs.
Research Methods, Development & Evaluation.....	3 crs.
Practicum Studio.....	4 crs.
Lifestyle & Career Development (fall term).....	3 crs.
Marriage & Family Therapy (winter term).....	3 crs.
Art Therapy Electives.....	5 crs.

TOTAL

90 CREDITS

PRACTICUM FOR THE MASTER OF ART IN ART THERAPY COUNSELING

Experience the clinical work environment four hours a week in the first year of your studies. During your second year, learn in a clinical setting spending 240 hours a term providing 12 hours of direct art therapy counseling services each week. On-site guidance and weekly supervision meetings with your practicum instructor and peers ensure continued professional and personal growth.

PROFESSIONAL CREDENTIALS

- Marylhurst's MA in Art Therapy Counseling is approved by the American Art Therapy Association. Following completion of 1,000 hours of supervised post-master's experience, you may apply for the professional credential of Registered Art Therapist.
- Upon passing the examination administered by the Art Therapy Credentials Board, National Board Certification is awarded.
- Upon graduation from Marylhurst's master's program, you are eligible to become a Qualified Mental Health Professional in Oregon.
- Graduates of Marylhurst's master's program are eligible to become National Board Certified Counselors.
- The master's program curriculum meets the academic requirements for licensure as a Professional Counselor in Oregon.
- Both the Licensed Professional Counselor and National Board Certified Counselors credentials require supervised post-degree clinical experience and successful completion of an examination.

YOUR NEXT STEP

Contact Marylhurst University today. Personalized academic advising is the key to creating your optimal degree plan. An advisor will answer questions about designing your academic program and provide you with information about admissions, financial aid and scholarships.

ADMISSION REQUIREMENTS

MA in Art Therapy Counseling – Applicants must have a bachelor's degree and meet the following requirements:

- 27 credits in art distributed among painting, drawing and sculpture
- 18 credits of psychology that include 6 credits of general psychology and 4 upper division courses – Abnormal Psychology, Theories of Counseling, Developmental Psychology and Theories of Personality
- 3.0 GPA on transcript
- Miller Analogy Test results
- Art portfolio
- Writing sample
- Supervised human services experience
- Relevant references

