

## STUDENTS SPEAK



JERRY BRYAN  
MAAT GRADUATE, 2008

When I realized it was time to return to school for graduate studies in applied theology, I suspect Marylhurst first came to mind for utilitarian reasons — close enough to home, relatively affordable, and compatible with my family and work relationships. It quickly became clear, however, that the Marylhurst community in general and the Religious Studies professors in particular have far more to offer than convenience and practicality. IN A MANNER THAT SERVES THE COMMON GOOD, THE MA IN APPLIED THEOLOGY PROGRAM IS AT ONCE LIFE AFFIRMING, PERSONALLY EMPOWERING, AND EXQUISITELY TRANSFORMATIVE.

— Jerry Bryan



THERESE NICHOLS  
MAAT GRADUATE, 2008

The MAAT program is a rich exploration of the Sacred, and it equipped me as a mother, as a writer, and as a person on the journey of life. This degree fosters a reverent understanding of self and others, which makes a difference in our families and in our world. It surprised my soul with the discovery of awe for people of faiths all over the world, even as it deepened my identity within, and my passion for, my own lifelong faith. THE MAAT PROGRAM EMBRACES WHAT IS AT THE CORE OF A MEANINGFUL LIFE, AND IT OFFERS TIME-RELEASED GIFTS BEYOND GRADUATION: GRATITUDE, TOLERANCE, WHOLENESS AND HOPE.

— Therese Nichols



### DEDICATED FACULTY

Marylhurst's Religious Studies faculty members carry doctorates in scripture, theology or ministry. They provide knowledge and experience in personal spirituality, community worship, and scriptural and lived traditions of the world's major religions, liturgical arts, ethics and moral theology.

### NEXT STEP

Personalized academic advising is the key to creating the optimal plan for your academic success. Contact Marylhurst University today. Our helpful staff will answer questions about designing your academic program and provide you with information on admissions, transfer credits, financial aid, scholarships, and off-campus housing.

Marylhurst courses have scheduling flexibility to fit within your busy personal and professional life. Choose from day, evening, weekend and Web-based courses.



Marylhurst University is a liberal arts university located 10 miles south of Portland between Lake Oswego and West Linn. Founded in 1893, Oregon's oldest Catholic university welcomes students of all faiths and backgrounds. A member of Servicemembers Opportunity Colleges (SOC) and affiliate of the Concurrent Admissions Program (ConAP), Marylhurst is accredited by the Northwest Association of Schools and Colleges.

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## ••• GIFTS USED IN SERVICE TO OTHERS

For many, obtaining a Master of Arts in Applied Theology is a life-changing experience.

In this intensive pastoral care preparation program, you will increase your effectiveness as a care provider and grow in knowledge of self, others and the Holy.

Through personal and group reflection, you will assess your physical, psychological, intellectual, spiritual and pastoral strengths so that your gifts may be used in service to others.

Through pastoral practice and theological reflection, you will learn pastoral presence, communication skills and assessment methods.

### UPON SUCCESSFUL COMPLETION OF THE APPLIED THEOLOGY PROGRAM, YOU WILL BE ABLE TO:

- **Listen** and respond empathetically;
- **Work** as a beginning spiritual counselor or spiritual director for individuals;
- **Provide** pastoral and spiritual care in one or more specific settings;
- **Work** as a pastoral or spiritual care leader of small groups;
- **Integrate** psychology and theology through use of theological reflection models;
- **Assess** and refer persons for counseling or therapy when needed;
- **Utilize** intervention strategies;
- **Develop** strategies for maintaining your own physical, intellectual, social and spiritual wellness while providing pastoral and spiritual care to others;
- **Empower** others to make choices and to develop plans for life philosophy and personal wellness; and
- **Attain** personal, spiritual, pastoral and professional maturity.



## THE PROGRAM

The MA in Applied Theology (MAAT) curriculum is designed to help you develop your full human potential by integrating the study of theology with professional application. Coursework addresses issues of pastoral counseling, liturgy, symbol, scriptural resources, prayer and meditation, set against a backdrop of cultures and religious traditions, life philosophies, social structures and historical patterns. Courses are offered primarily on weekends: Friday evenings, Saturdays during daylight hours and Sunday afternoons, to accommodate your work, spiritual practice and worship schedules.

Please see catalog for complete information.

### • YEAR ONE

#### PRE-COURSE REQUIREMENTS

Seminar: Personal Covenant and Program Orientation .....	1 cr.
Seminar: Graduate Writing .....	1 cr.

#### FOUNDATION COURSES

Scriptural Frameworks for Pastoral and Spiritual Care .....	3 crs.
Interfaith Theological Frameworks for Pastoral and Spiritual Care .....	3 crs.
Pastoral and Spiritual Identity .....	3 crs.
Pastoral and Spiritual Counseling Strategies .....	3 crs.
Issues in Pastoral and Spiritual Care .....	3 crs.
Practicum I .....	3 crs.

### • YEAR TWO

#### PRACTICAL CONTENT COURSES

Liturgies, Rituals, Preaching, Teachings and Spiritual Practices of Christianity, Judaism and Islam .....	3 crs.
Liturgies, Rituals, Preaching, Teachings and Spiritual Practices of Eastern (and Native American) Traditions .....	3 crs.
Cross-Cultural Perspectives in Pastoral and Spiritual Care .....	3 crs.
Applied Ethics and the Pastoral or Spiritual Care Provider .....	3 crs.
Pastoral and Spiritual Care in Times of Loss, Grief and Bereavement .....	3 crs.
Practicum II .....	3 crs.

### • YEAR THREE

#### SYNTHESIS CONTENT COURSES

Prayer and Spirituality of the Pastoral and Spiritual Care Provider .....	3 crs.
Spiritual Direction and Spiritual Counseling as an Art and a Science .....	3 crs.
Contemporary and Personal Theologies of Pastoral and Spiritual Care .....	3 crs.
Seminar: Theological Reflection in Pastoral and Spiritual Care .....	3 crs.
Professional Advancement .....	3 crs.
Master's Project .....	6 crs.
Master's Project Colloquium/Presentation .....	1 cr.

TOTAL

60 CREDITS

## ADMISSION REQUIREMENTS

- Completed application and application fee
- Results of Miller Analogies Test
- Résumé
- Autobiography (2 to 3 pages)
- Personal statement (2 to 3 pages)
- Three letters of recommendation
- Official transcripts for all undergraduate and graduate coursework
- Admission interview

Detailed information on admission requirements is available in the Marylhurst University catalog. An advisor will be happy to answer any questions.

## CAREER PATHS

The MA in Applied Theology program will help prepare you for a career as a spiritual director, retreat director, spiritual counselor, workshop coordinator, pastor or educator.

Graduates are successful as ethicists in ethics centers; ministers or religious educators in churches, synagogues and other places of worship; teachers in elementary, high schools, colleges and seminaries; and chaplains in hospitals, hospice centers, corrections facilities, retirement centers, corporations, universities and military bases.

You may combine your previous training and professional work experience with theology, pastoral care and spiritual direction. Students connect fields such as medicine, science, theatre, music, art, law, business, social welfare and mental health with this program of study.

## MASTER OF DIVINITY EQUIVALENT

If your goals include chaplain certification, ordination and/or progressing to the Doctor of Ministry program, you may choose to enroll in the 48-credit Graduate Theological Studies Certificate program. This certificate, coupled with the MAAT program, is recognized as a Master of Divinity (M.Div.) equivalent (a non-degree educational option).

The coursework in the Graduate Theological Studies Certificate and MAAT programs will prepare you for licensing with:

- The Association for Clinical Pastoral Education
- The Association of Professional Chaplains
- The National Association of Catholic Chaplains

The M.Div. equivalent satisfies the entrance requirements for the San Francisco Theological Seminary Doctor of Ministry degree program at Marylhurst University. For more information, please see the Marylhurst catalog or contact the Religious Studies department chair.